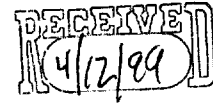


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® St. John's Wort Product #12201** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **St. John's Wort** as follows:

- (Statement 1) St. John's Wort is a flowering bush found throughout the world. It has compounds that may influence the brain's ability to make neurotransmitters, which control mood.
- (Statement 2) Schiff® St. John's Wort products are standardized to contain reproducible and consistent amount of active substances. (0.3% Hypercin)
- (Statement 3) Standardized St. John's Wort may help maintain feelings of well-being and normal, healthy mood. St John's Wort is commonly used in Germany where millions of people enjoy its benefits.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 5th day of April, 1999.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: _____


DR. LUKE R. BUCCI

Vice President of Research